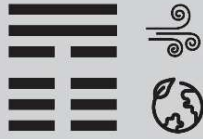


20

觀
風地觀



「以心觀人，敬誠待人」

— 照觀真我的靜心

「觀」是用心看，無論是展現給別人看，還是看別人的展現，都是「觀」。觀感，從來關乎形象聲譽，也涉及待人接物之道。觀察別人時，要從可見的外在，用心看他人不可見的內在。如果為人敬誠，行事便不會表裡不一，對待別人也會一視同仁。生活上，種種虛情假意，扮演裝作，總會令人身心疲累。只有心存敬誠，觀照真我，心靈才會平靜。



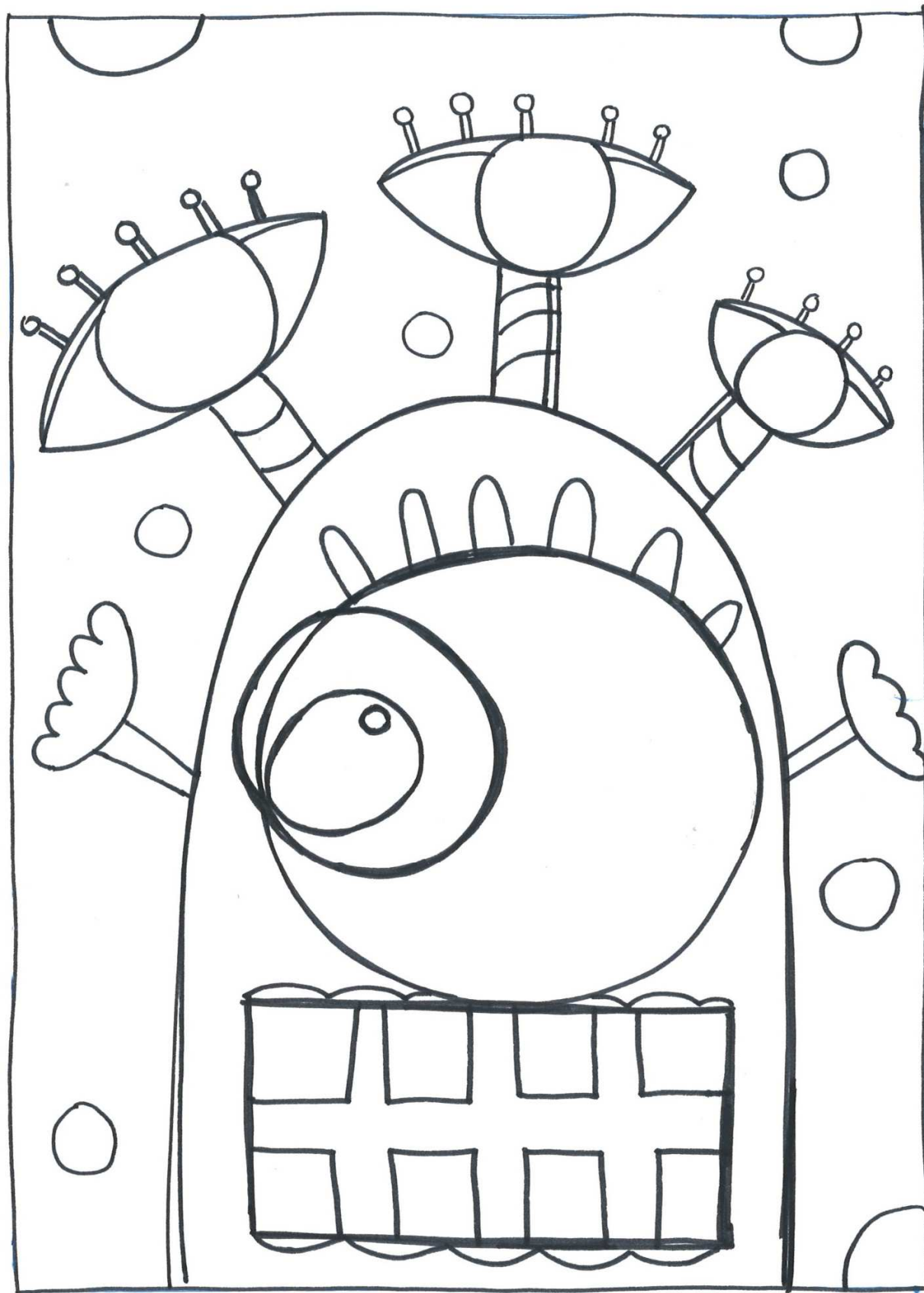
畫作人感想

生活其實很簡單，觀即用眼看，詠全畫出很多眼睛，就是希望用眼睛錄下身邊所有的美事。

參加機構：匡智會 Hong Chi Association

是本港一所專為智障人士服務的非牟利機構，本著「匡扶智障」的精神，竭誠為智障人士及他們的家庭提供優質教育、適切的培訓及其他賦權的機會，使其得以發展。

畫作人：學員簡詠全 + 導師唐芷欣



姓名 Name : _____

日期 Date : _____

感想 Reflection : _____

* 把完成填色的畫作給寫上感想，掃描QR Code 填好小問卷，然後電郵畫作到info@designerworkshop.com.hk 給我們，就可免費提取「易圖思」靜觀圖畫冊一本。





**“Contemplation of the mind and thoughts of others,
treat them with respect and sincerity”**
- Meditate on our true self for inner peace

"Contemplation" is to watch with one's heart. Whether we show it to others or watch others' display, both are a way of watching. Observation has always been about image and reputation, including the way we handle things and people. When observing others, one might start looking from the visible exterior, and carefully "observe" the invisible mind of others. If we are respectful and sincere, act without deceit would we then be treated by others just the same. In life, all kinds of false pretence are always physically and mentally exhausting. Only with genuine respect from deep within our hearts to contemplate our true self can we find peace in our soul.

Artist reflection

Life is actually very simple. "Contemplation" means using your eyes to watch. Wing-chuen drew many eyes because he hopes to record all beautiful things around him with his eyes.

Participating NGO: Hong Chi Association is a non-profit making organization serving persons with intellectual disabilities in Hong Kong since 1965. Under the spirit of "Supporting Intellectual Disabilities", it is committed to providing quality education, appropriate training, and other empowering opportunities for persons with intellectual disabilities and their families to facilitate their development.

Artist profile

KAN Wing-chuen (Student) + **Ms. TONG Chi Yan** (Tutor)

