



# 「陽氣狀盛,實力強大」

# - 謙虛節制保持亨通吉利

「大壯」指陽氣狀盛,象徵實力強大。當人擁有強大 實力,做起事來自然會事半功倍。可是,自信,容易 演變成自我膨脹、強大,故不願遵從禮儀規則。結果 小則與別人有衝突,大則會恃強凌弱,自毀聲譽。大 壯之優點,在於有堅定的志向及具備實力成就事業。 大壯之缺點,在於剛強大過而不懂節制。總之,履守 禮儀,謙虛節制,一切將會亨通吉利。

## 畫作人感想

有能者具頂天立地承擔重任之心志,並以捨身取義造福社群為己願,方謂 之大壯也。

### 畫作人

### 范德穎醫生 Dr. William Fan

為資深精神專科醫生,現擔任香港關顧自閉聯盟主席,亦是扶康會董事局前委員及自閉人士服務顧問委員會委員。范醫生於 2008 年成立香港關顧自閉聯盟,目的是推動社會人士認識自閉症和關注自閉症人士的權益。他一直積極關懷自閉症人士,並呼籲社會人士應對自閉症有更多認識,更強調關注同行的家人,朋友及師生的支援。



姓名 Name:	 日期 Date:	
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感想 Reflection:\_\_\_\_\_\_

\* 把完成填色的畫作給寫上感想,掃描QR Code 填好小問卷 , 然後電郵畫作到info@designerworkshop.com.hk 給我們,就可免費提取「易圖思」靜觀圖畫冊一本。







## "Strong and powerful capability"

- Modesty and moderation ensure prosperity

"Great Power" refers to the abundance of yang (positive) energy and symbolises great strength. When a person has powerful capability, he or she will be able to do things with less effort. However, strong self-confidence can easily become pompous and vain when unwilling to follow certain courtesy rules and protocols. As a result, there will be minor conflicts with others and major bullying of the weak which will destroy one's reputation. It is a blessing when the strong person has both ambition and ability to achieve success. However, not knowing moderation to these gifts can cause harm to ourselves and others in many ways. All in all, if one observes good personal integrity with modesty and restraint, all things will be prosperous.

#### **Artist reflection**

Those who are capable have the will to take on heavy responsibilities of the world and desire to sacrifice themselves for the benefit of the community.

#### **Artist profile**

**Dr. William Fan** is a senior psychiatrist and currently serves as the chairman of Hong Kong Autistic Care Alliance. He is also a member of the Board of Directors of the Fu Hong Society and a member of the Advisory Committee on Autistic Services. Dr. Fan founded the Hong Kong Autistic Concern Alliance in 2008 with the aim of promoting awareness of autism and caring about the rights of autistic people. He has been actively caring for people with autism and appeal to the public for more public awareness and emphasized better supports of family members, friends, teachers, and students.