

「昏昧無知，求學修德」

一 知識德行的啟蒙

「蒙」本來指孩童，幼稚不懂事的時期，其實，有不少人經常處於這種不明不懂的狀態，內心一直徬徨不安。人如果不明事理，不懂人情世故，生活上難免會處處碰壁。是的，生活上有太多觀點與資訊，有時實在分不清真假對錯。在此時，虛心並且主動求學，向有學問與德行的人請教，是唯一能走出愚昧的方法。



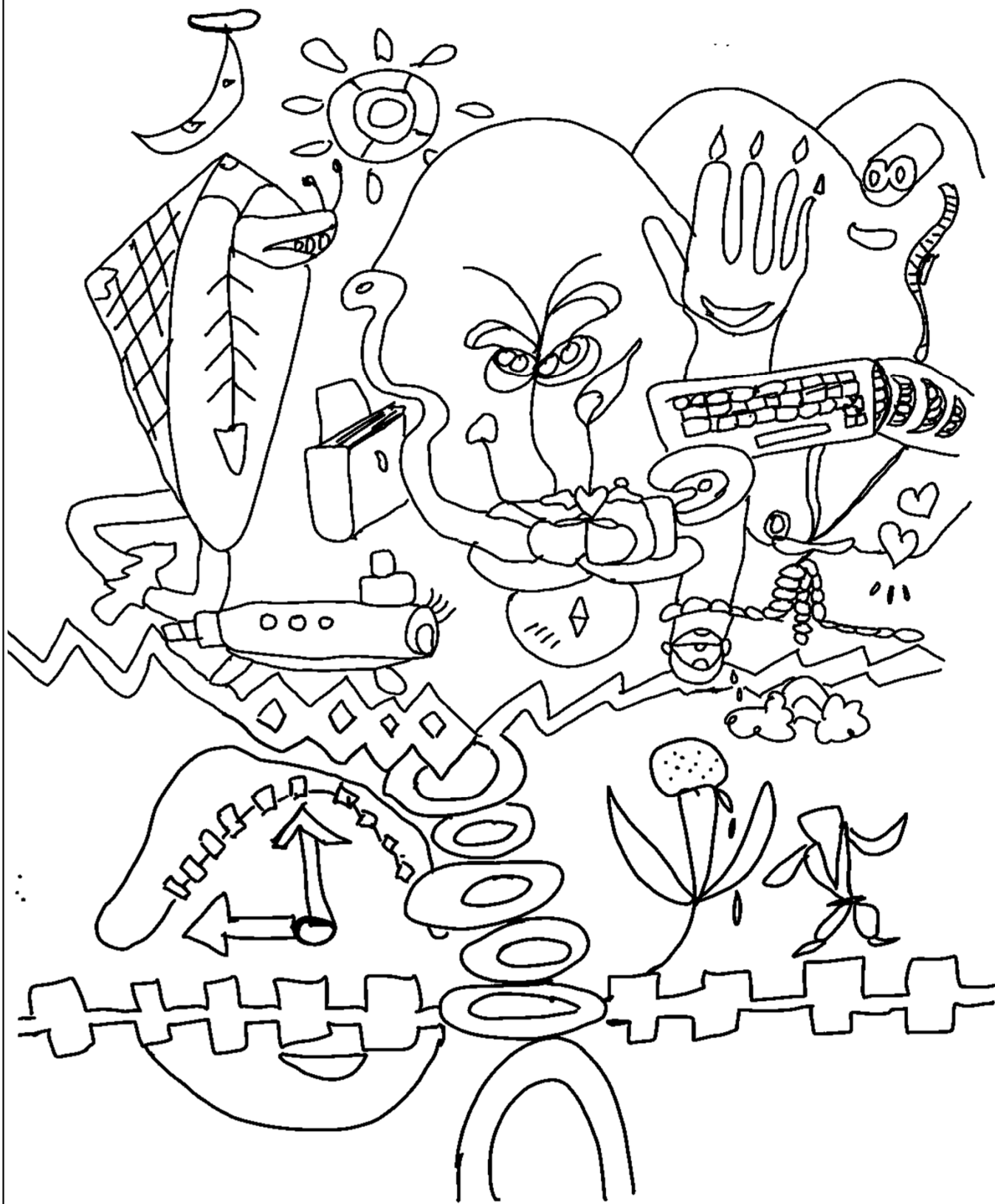
畫作人感想

蒙與我們的潛意識，相信是息息相關。蒙若是名詞的話，相信是一個有待發掘的寶藏。蒙若是動詞的話，便是阻止你通往光明正路之意。如是，今次以 * 自動書寫的方法，每天一點的加上去，組合了像人物像動物像死物，像圖畫，像文字。像有手指又像沒有的一幅「蒙」的塗鴉。(作畫日期由2019年7月至2020年1月中完成。)

* 自動書寫 (Automatic writing)，一種心靈能力，在無意識狀態下，一個人可以自動寫出某些書面內容。相信者認為書寫者的手是自動寫出某些訊息，但是這些內容不是書寫者本人故意去寫出的。在某些狀況下，書寫者是陷入無意識狀態。但是也有書寫者自認意識清楚，但是他的手部受到某種外力影響而寫出非他人想寫出的訊息。科學界認為是一種自我暗示作用。(本文摘自《迷人的假像：光影中的中心心理學秘碼》，魏知超著，湖南人民出版社，出版時間：2014年8月。)

畫作人：鮑藹倫女士 Ms Ellen Pau

鮑藹倫女士自學錄像藝術，其作品自1987年始見於小型放映會，並在世界各地展覽。自此，鮑女士致力投身錄像創作，對香港的錄像及媒體藝術發展有莫大貢獻。鮑女士於1986年與友人合作創辦「錄映太奇」，以媒體藝術家作集結點，為媒體藝術家提供藝術創作和文化交流平台，促進錄像及媒體藝術在香港成長。鮑女士亦是微波國際新媒體藝術節的創辦人及策展人。



姓名 Name : _____

日期 Date : _____

感想 Reflection : _____

* 把完成填色的畫作給寫上感想，掃描QR Code 填好小問卷，然後電郵畫作到info@designerworkshop.com.hk 給我們，就可免費提取「易圖思」靜觀圖畫冊一本。



"Ignorant without education, seek to learn and cultivate virtue" *- the enlightenment of Knowledge and Virtue*

"Youthful Folly" originally refers to the period when children are at immature stage. In fact, there are many people who are often in a similar state of ignorance and uncertainty and feeling insecure. If people are ignorant of good reasoning and understanding the world of human affairs, a life of confrontation everywhere is inevitable. Indeed, there are many opinions and information in life that are hard to tell what is right and wrong. The only way to get out of ignorance at these times is to be open-minded and take initiative to learn from people who have the knowledge and virtue.

Artist reflection

"Youthful Folly" is believed to be closely related to our subconscious mind. If it is a noun, it is a treasure to be discovered. If it is a verb, it means to stop you from reaching the right path. This time I had used the *automatic writing method to add one part every day and becoming a graffiti with elements that look like people, animals, dead things, pictures, texts, fingers or nothing. (The drawing was completed from July 2019 to mid-January 2020.)

- Automatic writing, a mental ability in which a person can write something automatically without being aware of it. Believers believe that the writer's hand can automatically writes certain messages, but that the content is not intentional. In some cases, the writer is in a state of unconsciousness. However, there are also cases where the writer thinks he or she is conscious, but his or her hand is influenced by some external force while writing that message. This phenomenon is considered by the scientific community to be a kind of self-referential effect. (This article is extracted from "The Fascinating False Image: The Secret Code of Chinese Psychology in Light and Shadow", by Wei Zhichao, Hunan People's Publishing House, published in August 2014.)

Artist profile

Ms. Ellen Pau is a self-taught video artist, whose works have been seen in small screening since 1987 and exhibited all over the world. Since then, Ms Pau has devoted herself to video creation and has made great contributions to the development of video and media art in Hong Kong. Ms Pau co-founded "VideoTage" with her friends in 1986. Taking media artists as a gathering point, it provides media artists with a platform for artistic creation and cultural exchange and promotes the growth of video and media art in Hong Kong. Ms. Pau is also the founder and curator of Microwave International New Media Arts Festival.