

「豐富盛大，大好時機」

— 積極行動才不枉此生

「豐」是豐富與盛大，象徵成就大事的時機。當具備優良的條件，又遇上好的時機，便不應貿然錯過。趁如日方中，好應該積極行事，而無需憂慮前路有何困難。人生在世，處事應該學習把握最佳時機，才能順水推舟，成就大業。反之，若是耽於逸樂，抑或畏首畏尾而不行動，便是蹉跎歲月。「豐」，是難遇之良機，能積極行動的人，才不枉此生。



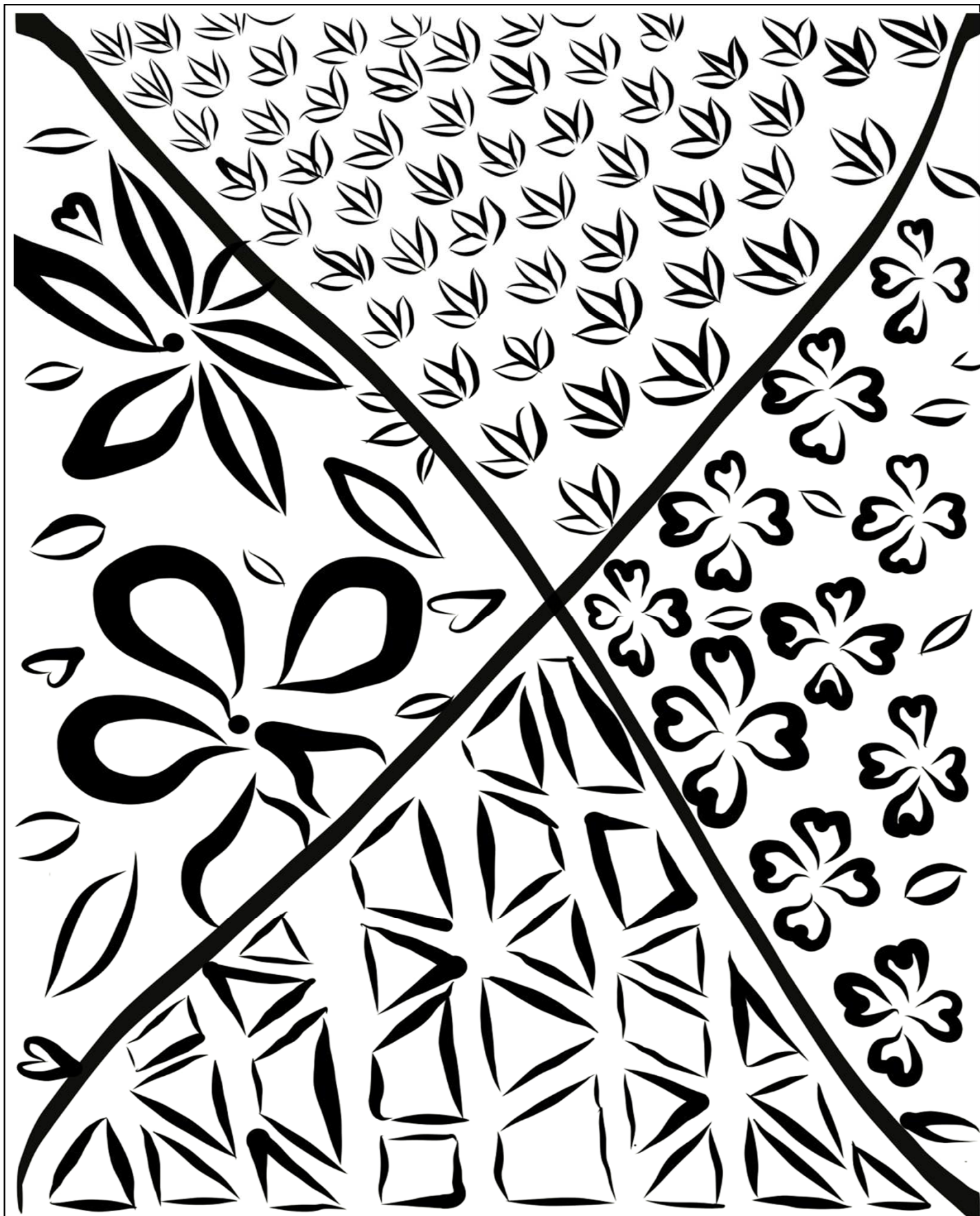
畫作人感想

腦海中盡是那一望無際的田園，眼前盡是數之不盡的植物與圖案。人應該期盼的豐盛，不僅是豐衣足食的喜悅，更重要的，是心靈富足的快樂。

畫作人

謝世杰博士 Dr. Alfred Tse **及女兒謝子寧** Jamie Tse (10歲)

謝世杰，字旭，號玄哲。(Alfred Tse) 哲學博士，文學碩士。香港中文大學哲學系及香港大學專業進修學院兼任講師，教授中國文化、周易及哲學等課程。資深作家、專欄作家及電台嘉賓主持。香港哲學諮詢師協會創會會長，哲道教育基金及哲道道場創辦人，致力於社會推動以哲理提昇身心靈境界的教育與修行。 Jamie，小學五年級學生，喜歡閱讀、寫作、繪畫與編寫程式。



姓名 Name : _____

日期 Date : _____

感想 Reflection : _____

* 把完成填色的畫作給寫上感想，掃描QR Code 填好小問卷，然後電郵畫作到info@designerworkshop.com.hk給我們，就可免費提取「易圖思」靜觀圖畫冊一本。





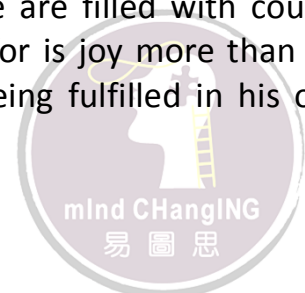
“Great timing, Great opportunity”

– *No regrets by Positive actions*

“**Abundance**” refers to richness and grandeur. It symbolizes the opportunity to achieve great things. A chance not to be missed when we have the right conditions and opportunities. It is good to take advantage of the favourable circumstances and not to worry about any possible difficulties. In life, we should learn to grasp best timing and push forward to achieve great things. On the other hand, we are wasting our time if we only indulge ourselves in pleasures, or over cautious to act upon it. This “Abundance” also signifies a rare opportunity, and those who take positive actions will not regret.

Artist reflection

The mind is filled with the endless fields, and what we see are filled with countless plants and patterns. The abundance that one should hope for is joy more than being well-fed and clothed, but more importantly is the joy of being fulfilled in his or her heart and soul.



Artist profile

Dr. Alfred Tse and his daughter Jamie Tse (10 years old). Jamie Tse, a 5th grader, enjoys reading, writing, drawing and programming. **Dr. Alfred Tse** is an Adjunct lecturer at the Department of Philosophy at The Chinese University of Hong Kong and the School of Professional and Continuing Education, The University of Hong Kong, teaching courses such as Chinese culture, Zhou Yi and philosophy. He writes columns in publications and host radio shows besides being the founding President of Hong Kong Association of Philosophical Consultants. He also founded the Zhe Dao Education Fund and Zhe Dao Dojo committed to promoting education and practice in the society to improve the spiritual realm of body and mind with philosophy.