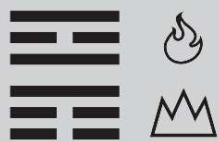


旅  
火山旅



56

## 「羈旅於外，形勢不利」

### — 守靜不動方是智者

「旅」是羈旅，象徵外在形勢對自己不利。人，一旦離開自己熟悉的環境，所遭遇的難免是種種挑戰。這境況猶如人客居外地，人生路不熟，孤立無援，自然處處碰壁。當外在環境惡劣，懂得專注於小事反而能亨通，若貿貿然處理大事，將會是不明智之舉。時機不當，能判斷形勢，守靜不動的方是智者。



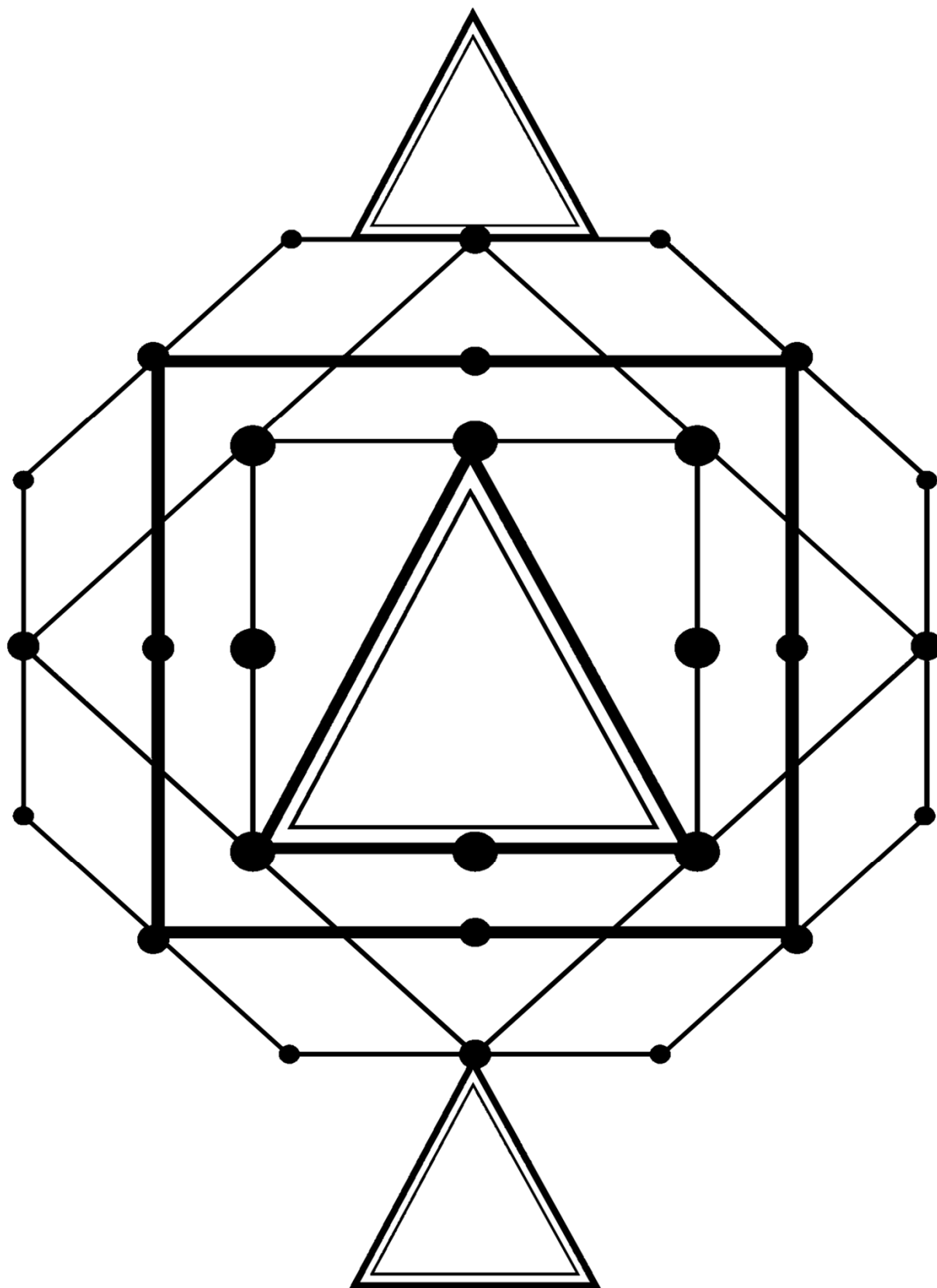
畫作人感想

看似顛簸的旅途，其實是在不同角度認識自己。

畫作人

**吳玉琦女士** Madalena Ng

是 Re-mind Workshop 創辦人及頤鉢治療師。



姓名 Name : \_\_\_\_\_

日期 Date : \_\_\_\_\_

感想 Reflection : \_\_\_\_\_

\* 把完成填色的畫作給寫上感想，掃描QR Code 填好小問卷，然後電郵畫作到[info@designerworkshop.com.hk](mailto:info@designerworkshop.com.hk) 給我們，就可免費提取「易圖思」靜觀圖畫冊一本。



旅  
THE  
WANDERER



56

## **“The situation is unfavourable when stranded abroad”** *- Wise men stay Still*

**“The Wanderer (Transition)”** refers to temporary stay in a foreign land. It symbolizes an external situation that is not favourable to us. Once we leave our familiar surroundings, it is inevitable that there would be various challenges we might face. It is like being a traveller stranded in a foreign country; vulnerable and isolated, one might encounter obstacles everywhere. When the external environment is unfavourable, it is better to focus on smaller things as it is risky to rush into bigger matters. When timing is inappropriate, those who know how to assess the situation would be wise enough to keep still.



### **Artist reflection**

The seemingly bumpy journey is a way to get to know ourselves from a different perspective.

### **Artist profile**

**Ms. Medalena NG** is Re-mind Workshop founder and a sound healing therapist and instructor.