

## 「渙散逃難，化解危機」

### 一 借助外力能脫險與發展

「渙」是渙散與逃難，揭示人遇到困境時應如何化解潛在風險。渙是風在水之上，如水上的浮木，雖然能渡過險阻，卻沒有明確的方向，故此難成大事。面對艱難險阻，人絕不應單憑自己的勇氣貿貿然冒險，因為這樣風險太高，太容易失敗。相反，人必須借助外力，請求他人幫助，同時運用個人智慧規劃解脫方案，這樣才可以在脫離困境後，作進一步發展。



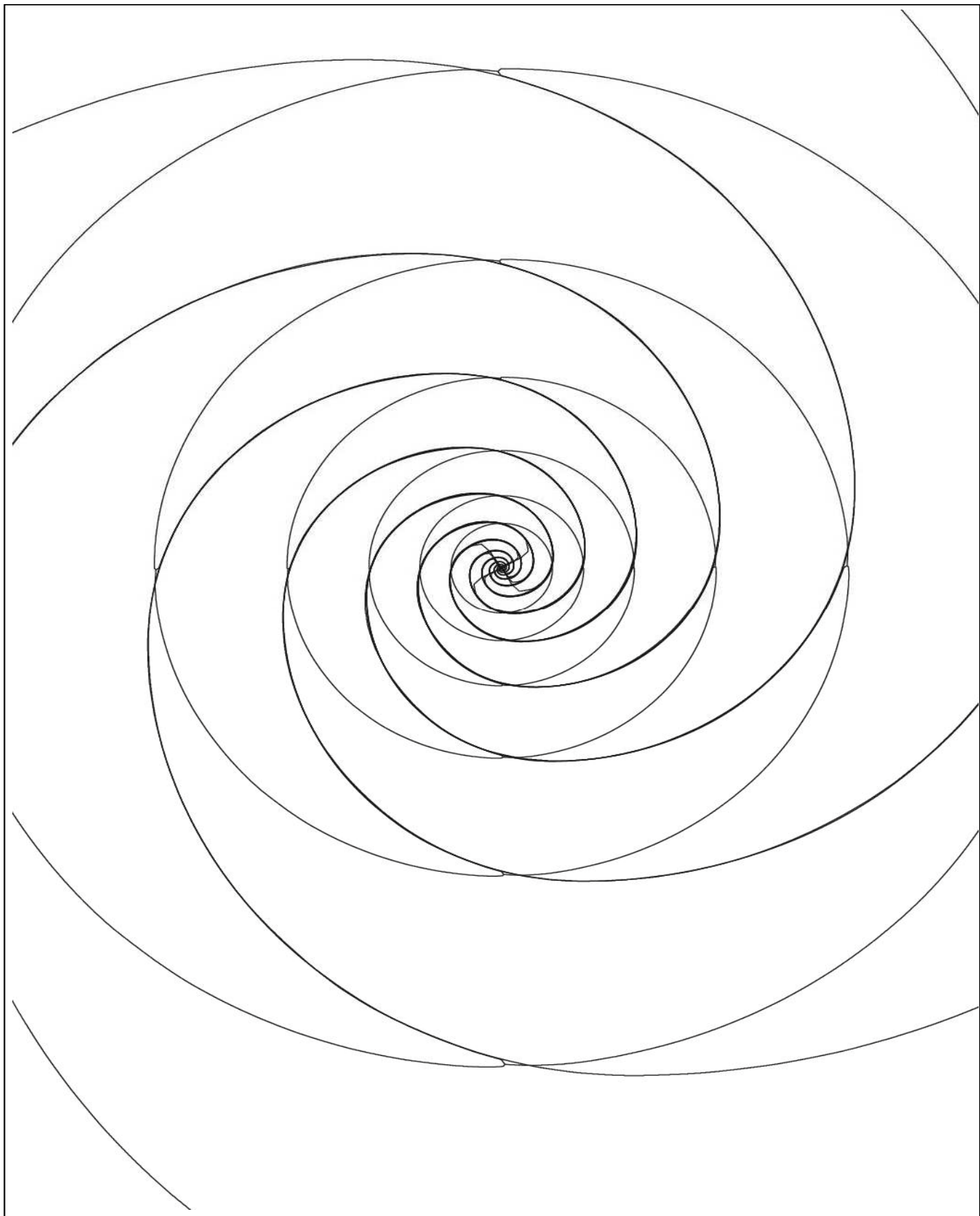
#### 畫作人感想

在創作這幅圖時，我感到要利用這圖來反省。人的身體有自我療癒的系統，大自然亦有自我平衡的機制。人要借助外力來平衡自己，通常都是因為不了解大自然的系統，不知道如何運用當下的無窮潛力。

#### 畫作人

**黃永豪博士** Dr. James Wong

英國特許工程師、香港註冊專業工程師。他創辦沛然環境評估工程顧問有限公司，亦是香港環境評估學會和香港聲學學會的創始成員，香港能量學會的創始主席。他在綠色建築系統有豐富的實戰經驗，實踐在新的城鎮，酒店，商業，機構和住宅物業發展的規劃制定設計標準以及交通網絡。黃博士在建築聲學領域，設計劇院和音樂廳，特別是「健康聲學」等領域有極深入的研究。在2014年，黃博士被任命為第七位生物幾何學世界教師。在2015年，黃博士成為香港聲學學會資深會員。同年黃博士公開了他研發的「零感法」，設立了訓練課程。



姓名 Name : \_\_\_\_\_

日期 Date : \_\_\_\_\_

感想 Reflection : \_\_\_\_\_

\* 把完成填色的畫作給寫上感想，掃描QR Code 填好小問卷，然後電郵畫作到[info@designerworkshop.com.hk](mailto:info@designerworkshop.com.hk) 給我們，就可免費提取「易圖思」靜觀圖畫冊一本。





## "Dispersal and Crisis Resolution"

*- Escape and develop with the help of external forces*

**"Dispersion (Dissolution)"** refers to disperse and flee, revealing how one might resolve a crisis when in troublesome situations. The triagram symbols of the wind above water similar as a driftwood floating in the water. Although it may overcome obstacles, nothing can be achieved without clear direction. We should never rely on our own courage to take risks alone impulsively when facing critical situations because the risk is too high and easy to fail. Instead, one must seek external assistance, seek help from others and use one's own wisdom to plan a way out of crisis and advance gradually.

### Artist reflection

While working on this drawing, I felt the need to use it for introspection. The human body is a self-healing system and nature has a self-balancing infrastructure. The need to balance ourselves with external forces is often due to a lack of understanding of nature's systems and how to use the infinite potential of the moment.

### Artist profile

Dr. James Wong is a British chartered engineer and a registered professional engineer in Hong Kong. He founded Precise Environmental Assessment Engineering Consulting Co., Ltd., and is also a founding member of the Hong Kong Environmental Assessment Society and the Hong Kong Acoustic Society, and the founding chairman of the Hong Kong Energy Society. He has extensive hands-on experience in green building systems, setting design standards and transport networks in the planning and development of new townships, hotels, commercial, institutional, and residential properties. Dr. Wong has in-depth research in the field of architectural acoustics, designing theaters and concert halls, especially "healthy acoustics". In 2014, Dr Wong was appointed the seventh World Teacher of Biogeometry. In 2015, Dr Wong became a fellow member of the Acoustic Society of Hong Kong. In the same year, Dr. Wong disclosed his "Zero Induction Method" and set up a training course.

